Risers Community Meeting **3/27/19- 6:30 pm Interlaken Baptist Church**

Attendees: Deb Bush(Facilitator),Kristin Parry, Paul Batman, Karel Titus, Phyllis Motill, Theresa Lahr, Caroline Petersen, MaryLois Schott, Harold Bush, Keith Powers, Mary Powers, Chris Kimball-Peterson, Meg Jastran, Chris Vogt, Judy Kugelmass, Shirley Buongiorne

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| **Time** | **Discussion Item** | **Person Responsible** | **Information Shared** | **Actions Required** | **Person Responsible****Completion Date** |
| 6:30 p.m.  | Brief welcome by Deb Bush with Introductions | All | All Welcomed by Deb and introductions made. | Special thanks to the Powers for the refreshments and the Interlaken Baptist Church for being a wonderful & welcoming community partner, always willing to provide mtg. space.  | All |
| 6:40 p.m | Personal Health and Wellness | Phyllis Motill/Kristin Parry | Ongoing projects* Meetings first Monday of the month at 10 am at Phyllis’s
* TOPS (Taking off Pounds Sensibly) program is starting more details to come
* Food Fun and Family has a pickling workshop on 4/6
* More preserving classes to come
* Farmers Market at 3 bears approved by county
* More theme walks to come (Halloween Cemetery walk)
* 3 Bears needs Plants will coordinate with the Library

Continue to strengthen and improve social connectedness* Newsletter insert in Shopper highlighting STEPS events/activities
* Weekly E-news combining resident projects, partner information and event calendar
* Communiversity—residents teaching classes; *if you have a skill to share or want to learn a new skill, let us know. Will be working to connect needs/wants with workshop topics.*

Continue to promote healthier eating* Cooking classes that focus on food preserving
* Samples with the recipe provided at food pantries
* Farmer’s Market is in planning stages to be held on Fridays from 3-7 pm during July & August in Ovid; in the park next to the library. Information meeting 4/2 @ 6PM at Papa Bear for interested vendors and anyone interested in helping with this activity. Partnering with CCE.

Continue to encourage physical exercise* Walking opportunities—hall walking at schools after school hours; Theme walks to be organized by resident interest. *Have an idea—let us know.*
* Starting a TOPS chapter this spring*.* To be held at SS Middle/High School—organizational meeting to be held soon with residents who’ve expressed interest. Group will determine day/time of weekly meetings. Will partner with health dept. and other agencies for health & nutrition information & speakers. We hope to include walking opportunities and cooking classes with this activity.
* Support exercise programs provided in the community.
 | To get involved in any of these projects contact Phyllis at PMotill@outlook.com |   |
| 6:50 p.m | Interlaken Old Home Days (switched to Open Forum due to Meg and Chris needing to leave) | Meg Jastran and Chris Vogt | * Old Home Days on 6/8
* Mary Lois will do an interactive project
* Mural on side of Community Fitness has been approved (Artist Ideas now being sought)
* Interlaken Veggie Patch advertising to begin
* Lodi Library has seeds to give away from CCE
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| 7:00 p.m. | Economic and Educational Opportunities | Chris Kimball Peterson | Ag Fair on out of the box Agri Careers. Lots of good feedback on the Shopper Spring newsletter |  Info Sharing |  |
|  |  | Kristin Parry |  New literacy focus—Sustainable Activities in Literacy (SAIL)* Continue mini-libraries (Romulus, Willard, Ovid, Lodi, Covert, Countryside Market)
* Expand Seneca County Literacy Volunteers to the STEPS Neighborhood
* Assist libraries with book clubs etc.
* Work with Children’s Reading Connection—currently envisioning process for a Cayuga Lake Children’s Book—goal is to provide a free book to every student at a grade level (to be determined) in all districts that share Cayuga Lake

Continue to support small business* “All the things that Gabe does”!
* Planning an Economic Development Day (various speakers & information for business owners & entrepreneurs

Continue to increase Agri-economic development* Continue to work with schools to provide information on typical and unusual careers based in agriculture. Presenting this Friday at Career Exploration Day. This activity and the student internships Gabe assists with go hand in hand.
* Continue to plan seasonal community gatherings that promote local businesses (Ovid Tree Lighting etc.)
* Day of Service 2019 will be on 9/28
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| 7:20 p.m. | Cayuga Watershed Projects | Judy Kugelmass  | Cayuga watershed projects and can we collaborate with Hillary Lambert. | Judy to contact Hillary Lambert |  |
| 7:30 p.m. | Resident Health Promotion Projects  | Theresa Lahr | Interlaken Library enhanced Story time program will end with a Kitchen Table conversation |  |   |
| 7:35 | Improving the Physical Environment | Karel Titus | Metaphorical Kitchen Table painted with art projects will be set up in various locations to encourage conversations throughout the neighborhood.Art Hives Continue (Centered around Recycled paper and Tie Dye with natural dyes)Information is being gathered about a Traffic Slowing Device (Speed Radar) that can be moved to various locations in the neighborhood to encourage people to slow down.Complete Streets Opportunities to make the neighborhood safer (Cross Walk Signage)Environmental Sustainablity will be encouraged through * Healthy Homes (NonToxic Chemical Workshops)
* Rain barrel water collection building projects to demo this festival season. To be accompanied by water quality information.
* Green Team working on recyclable materials in the schools specifically compostable food.
* Encouraging residents to take your own container for left overs when they go out to eat.
* Residents cleaning up after their dogs in public places.
* No Smoking in Conifer Village
* Making residents more aware of our local environment.
* Extreme weather preparedness
* PRI to do a presentation for the STEPS community.

Completing a water survey in Interlaken should lead to improvements and education about water use.Ovid Garden will gain a permeant structure to house information and for excess produce. Lions club will provide the labor for the structure.Everyone should promote all STEPS activities. The funding request for the next 3 years will be submitted next month. We will remain focused on the sustainability of the STEPS project.  | Caroline to follow up with PRIHarold Bush to lead the project. |  |
| 7:37 p.m. |  | Theresa Lahr | Beth Burdick will present Complete Streets at Improving Physical Environment meeting on April  22 |  |  |
| 7:40 p.m. | Open Forum | Karel Titus |

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| Lists of Kitchen table topics as generated by the group:* 211 and 411 being more well known.
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| * Kerri VanAuken Emergency Preparedness Coordinator to get involved
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| * Defibrillators at restaurants and fire departments and Town Hall’s
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| * Go Bags (Emergency Preparedness bags)
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| * YouTube channels on survival
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| * topics to groups that meet with references for ways to become involved in current needs of the neighborhood
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| * RHPP Cooking with Candace Crowthers with Home School Students in Ovid
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| * Application pending for Eli Corning Ovid Garden education
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| * Through the Office of the Aging (Angela Reardon) CDSMP will be offered on the South End with Mary Lois
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| * People to report to town boards with Riser’s Minutes
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| * how to streamline things as a whole within the STEPS organization
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 | Hard copies of minutes will be available at meetings. |  |
| 8:02 p.m.  | Wrap up the meeting | Deb Bush | Next meeting will be 5/22 at 6:30 p.m. |  |  |