

## STEPS RISERS MEETING LOG

### Agenda Items, Decisions, and Action Required

Meeting Date: 10/24/18 - 6:30– 8:00 pm. RISERS Meeting, Ovid Fire Department

Attendees: Jean Currie ,Phyllis Motill, Mary Lois Schott, Jacki Aman, Deb Bush, Harold Bush, Tina Hallock ,Lynne Doyle ,Theresa Lahr

Time	Discussion Item	Person Responsible	Decisions Required	Decisions Made	Actions Required	Person Responsible Date to be completed
6:30 pm	Introductions	N/A	None – attendees all known to each other	Welcome guest speaker Tina Hallock & all	Thank you Tina for providing refreshments; fresh vegetable tray & humus and pretzels! Tea and water served	all
6:30-7: 25	Tina Hallock provides an overview of her work with families in South Seneca. She introduces BE the ONE initiative underway in Tompkins County and being rolled out in Seneca. PowerPoint covered Adverse Childhood Experiences (ACEs) Resiliency and the Protective factors in strengthening families.  Q & A followed presentation	Tina	Think about how we can Be <i>the One</i> to connect & promote resiliency for ourselves and our neighbors.	There is energy around this topic. Tina to explore school/community collaboration efforts  Residents engaged in conversation re the prevalence of ACEs and how “Grit” and trauma informed communities help	Residents participated in a “What’s in your toolbox” exercise  An ACEs summary/ handout was provided and discussed	For more info contact ; <a href="mailto:tinah@rackercenters.org">tinah@rackercenters.org</a>  All; identify <i>what’s in your toolbox</i> .Consider one thing you might want to add to help when you are in a challenging situation.  Tina mentioned <i>Resilience</i> , a documentary film about the biology of stress and the science of hope and the possibility of bringing the film to our area for a community screening and discussion.

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	<b>Improving Personal Health &amp; Wellness</b>	<b>Person Responsible</b>	<b>Decisions Required</b>	<b>Decisions Made</b>	<b>Actions Required</b>	<b>Responsible Person and Date to be completed</b>
7:25	<p>Phyllis reports on upcoming Food, Fun &amp; Family classes- to be held at Ovid Fire Dept. – Saturdays 10am- Noon –</p> <p>Master Food Preserver classes- TBD</p> <p>Walking: SS school is offering a six week series- family open track evenings Monday beginning 10/29. Workgroup is looking into offering a weight reduction group (TOPS) in Ovid as well</p> <p>Phyllis recently conducted interviews with patrons at OFC food pantry. An example of question asked residents: Are you aware of the Christmas project and other resources in the county? Phyllis Reports Julie Moran has a presence at food pantry on Mondays.</p>	<p>Phyllis Motill</p> <p>Deb Bush – to teach the Pie making class</p> <p>Linda P Dixon &amp; Donna Andersen will lead the Jar Gift Class</p>		<p>Classes are:</p> <p>11/17- Pie Making 12/15- Jar Gifts</p> <p>2019- Class offerings Making Bread Get Ready for Gardening Food Preserving</p> <p>It's open enrollment for Medicare right Julie is helping Medicare members to review their options for coverage.</p>	<p>To get involved - attend Personal Health &amp; Wellness meeting Monday, 11/5/10 10 am at Phyllis Motill's home – Ovid contact : <a href="mailto:pmotill@outlook.com">pmotill@outlook.com</a></p>	<p>MaryLois to offer Master Food Preserver -equipment safety class in November. This and all classes in the FFF series will be announced on STEPS media outlets in the near future. Stay tuned for confirmation.</p> <p>Walk the track at the new stadium at SS Middle / High – lights on and restrooms open 6:30 -8:30 pm. Contact Doris Jennings for more info or questions <a href="mailto:djennings@southseneca.org">djennings@southseneca.org</a></p> <p>Phyllis awaits response from TOPS weight loss organizer/ leader re the possibility of offering a group in Ovid.</p> <p>Julie Moran's contact <a href="mailto:jmoran2@fideliscare.org">jmoran2@fideliscare.org</a></p>

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<p>7:35 pm</p>	<p><b>Increasing Economic &amp; Educational Opportunities</b></p> <p>Lynne Doyle gave update: Workgroup last met in April, has now resumed meeting every other month on 3<sup>rd</sup> Monday evening beginning in September.</p> <p>STEPS staff participated in the <i>Farm to Fork Fondo</i>, at Lively Run Goat Dairy, Interlaken, \$ 500.00 was awarded. which was donated to the Four Towns Community Center</p> <p>Community Book Boxes- 2 new residents filling boxes</p> <p>Career Exploration Day (United Way, CCE &amp; Youth Development, Sen. Co. Partners for Children) has begun – stay tuned for detail of Spring 2019</p>				<p>Four Town’s Community Center is taking over the Farm to Fork Fondo event in 2019 as a community outreach and fundraiser.</p> <p>Jean Currie- wonders if a drive for books is needed. States weeding out our collections of the large quality of non – fictional books may be in order.</p> <p>Chris K Peterson &amp; Ave Bauder will present on various &amp; unique agricultural careers available beyond high school. Brochure has been created re the many career options in Ag</p>	<p>E &amp; E workgroup meets next Monday 11/19, 7pm at Episcopal Church, Willard</p> <p>Organize /inventory book room</p>
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	Hospitality training – education opportunity			Planning includes working with Boundary Breaks winery to establish a FLX hospitality/wine training program.		Business Mentor, Gabe Telarico is following up with Boundary Breaks and will work on partnering with other wineries.
7:40 pm	<p><b>Improving the Physical Environment (IPE) ;</b></p> <p>Mary Lois reports IPE meeting sustainability discussion the other night (10/22) and forming sub planning groups of IPE committee for sustainability initiatives &amp; art activities &amp; events</p> <p>Second mural and garden title panel is installed at Ovid Community Garden.</p> <p>Christy Wilcox completed 1st mural on overhead door, Main St., Lodi-(next to Post Office).</p> <p>ML talked about <i>Food For All</i> food pantry storage shed with refrigeration to expand services.</p>	MaryLois Schott		<p>Replica of Peg Ahouse’s Mosaic Mural in Lodi is being crafted into a quilt by a local sewing group for a silent auction item proceeds to be donated to flood victims</p>		<p>Plans for sustainability forum f/u to be discussed at next meeting -11/26 @ 6:30 pm at Lodi Library</p> <p>Christy to paint second portion of mural in the spring</p>

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	<p>Village Observations were conducted this month –for comparison to baseline data collected in fall 2016</p> <p>Art hive concept project proposed after first of year</p>	<p>Theresa Lahr</p> <p>Laura Rowley, Lynn Porter</p>		<p>Group consensus -meet in January 2019</p>	<p>Village observations are part of STEPS participatory evaluation process</p>	<p>Thanks to everyone that participated in this important process</p> <p>Planning meeting in November</p>
<p>7:55 - 8:05 pm</p>	<p><b>Open Forum &amp; Announcements</b>  Eating Locally Produced Food Workshop - 11/1/18 6:30 at Lodi Library</p> <p>“Thanks”giving Celebration  11/13 –Tuesday 6:30 pm at Seneca Community Church, Romulus</p> <p>Seneca County IDA will hold a meeting at SS High School on Thursday November 8 at 7pm. Town of Ovid to hold public hearing about the proposed Comprehensive Plan on Wednesday, November 14 7pm in the Ovid Fire Hall.</p> <p>Next Riser’s Meeting</p>	<p>Deb Bush &amp; Tony Del Plato to conduct.</p> <p>Jean Currie</p>		<p>Jean encouraged attendance - IDA is seeking input on economic development strategies &amp; the public hearing about Ovid’s proposed Comprehensive plan.</p>	<p>Group consensus -meet in January 2019</p>	<p>Sign up for “Sustainable Diet “workshop at the STEPS office 607.403.0069</p> <p>Hope to see everyone at STEPS 5<sup>th</sup> annual “Thanks” giving gathering. Let’s celebrate all the great things you do in the neighborhood!</p> <p>No December RISERS – Meet in Jan. 24, 2019 details TBD</p>