**Meeting Date:** **STEPS RISERS,** Tuesday 1/16/2018 - 6:30 -8:00 pm-Interlaken Reformed Church (IRC)

**Attendees**: Harold Bush, Deb Bush, Marylois Schott, Caroline Peterson, Connie Carmona, Karel Titus, Bill Sebring, David Wood, Peg Ahouse, Bill Sebring, Kristin Parry, Phyllis Motill, Chris Kimball -Peterson, Theresa Lahr Facilitator : Maggie Passmore

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| **Time** | **Discussion Item** | **Person Responsible** | **Decisions Required** | **Decisions Made** | **Actions Required** | **Person Responsible Date to be completed** |
| 6:30 | Introductions | Maggie Passmore  (facilitated meeting and introduced herself as the Ovid Community Garden leader ) | none | Welcome to all- everyone introduced themselves.  Thanks to the IRC for hosting our meeting. Fresh fruit was provided for snack. Thank you to Deb Bush for bringing zucchini bread and to Connie Carmona for providing decaf coffee. | Theresa spoke to STEPS ongoing commitment to offering healthy food options at meetings. Will formalize a healthy meeting and events guideline/ policy at the 2/5 Personal Health & Wellness Committee Meeting. | All present in agreement with formalizing a healthy options policy for STEPS meetings and events as offering a healthy food choice is standard STEPS procedure. |
| 6:35  6:50 pm | Workgroup report:  Improving The Physical Environment (IPE)  Planning for STEPS Sustainability Forum | Karel Titus  Caroline Peterson | Determine how to best hang the Mosaic Mural  Purpose & date of Forum discussed –  Draft of promotional poster shared:  Objective: Learn & engage together about the connection between Improving the Physical Environment and your health and well-being.  Theresa suggested the standing RISERS meeting slot in (May 15th) be considered to hold the forum, group concurred. Caroline will check out dates & locations, confirm and topics and speakers | **Community art projects**:  2nd mural for the Ovid Garden is under construction.  Peg Ahouse shared photos of the beautiful completed mosaic art piece to be mounted on the IOOF building in Lodi. Discussion regarding aluminum framing and methods for hanging heavy object ensued.  **Water Quality Group**: Tony Del Plato participated in water monitoring session at the Community Science Center (CSI) lab. Maggie volunteers there as well. Bio- monitoring is a great way to get outside into the woods & streams  A panel of speakers will address the topics of: four town sustainability, between the lakes watershed, wildlife and habitat overview, an action plan for connecting with the sustainability network at home - inside and out – recycling and managing waste.  Caroline talked about the forum providing an opportunity for us to learn, discover and understand how our many community assets can work toward providing a healthy community to the next generation. | Peg Ahouse discussed the hanging of the mosaic mural - Maggie has contact info for resident, Mr. Ferguson with expertise in hanging heavy objects. Although plan is to have Israel Stolfus mount the mural it’s suggested he do so in consultation with Mr. Ferguson.  Gauge interest in other residents and youth group participatiing in a field & lab trip to CSI .Tony made inquiry to a local girl scout troop. Plans include expanding outward to other organizations, including schools.  Set up planning meeting with work group leaders | Theresa meet Jim Mielty 2/1/18 for plan to discuss plan to hang the art work on his building this spring.  Attend IPE meeting 1/23 at Lodi Library for further water quality discussion and planning or contact STEPS office 607.403.0069  Theresa to arrange a planning meeting next week with work group leaders, Karel Titus , Phyllis Motill and Ave Bauder. Chris Kimball- Peterson and Marylois Schott volunteered to get help with the project.  Plan potluck supper, childcare and promotional efforts.  Contact:  carolinterlaken@gmail.com or call the STEPS Office to get involved. |
| 7:05  pm | Workgroup Report: Economic & Educational Opportunities | Chris Kimball -Peterson | None | STEPS Winter Newsletter to be inserted into the *Shopper* 1/29- includes articles on the Ovid Garden, Day of Service and a Healthy Lifestyle article Phyllis wrote about Doris Depew | Check out the newsletter- provide Chris Kimball- Peterson with feedback.  . | Chris’s email: clkp329@aol.com |
| 7:10  pm | Agricultural Careers | Chris- Kimball Petersen | None | Chris & Ave are planning an “out of box” Ag career presentation for the 2018 Career Exploration and Conversations Day-March 23 to be attended by all 4 Seneca Co. school districts 9th graders. | Chris provided an example of a career in Ag that may be considered “out of the box” professional live stock photography. | Contact Chris( email above) if more info is desired |
| 7:15  pm | Workgroup Reports: Improving Personal Health and Wellness | Phyllis Motill |  | Phyllis spoke to the many resources in our community and partners such as Seneca County PH, CCE, and United Way.  Cooking class series continues- Freezer Safety with Sue Peterson was canceled 1/13 due to weather. February cooking class is Heart Healthy - Ovid Fire house- 2/3 @ 10am )  Plans underway for offering line dancing.  Indoor walking at South Seneca school is available. Outdoor walking group daily following student drop off in am at SS elementary. Residents also able to walk the halls at Romulus school. | Phyllis encouraged everyone to do their part to encourage increased involvement & participation in STEPS. | Weekly e- newsletter include the dates ,times and locations of activities  Personal Health and Well meeting is First Monday of the month at Phyllis house |
| 7:25  pm | One Day of Service Update | Kristin Parry | Planning for STEPS 2018 One Day of Service is underway event: 4/21- 8:30 am- 2:30 pm .Signing up sites is the focus at this time. Groups and individuals wanting to help are being sought as well |  |  | Contact :  kristin.parry @s2aynetwork.org  to sign up for participation in Day of Service |
| 7:32  pm | RHPP | Theresa |  | Zumba class application pending for 10 week series to be held at Edith Ford Library and one for food gleaning for healthy food gleaning for after school program at the same library– | After school program at the library received a healthy food donation from Greenstar through end of March ‘18 | If interested in completing a RHPP, contact the STEPS Office. Applications can be found on the STEPS website |
| 7:35  pm | Ameri-Corps | Marylois Schott | Marylois leads Bone Builder classes at Conifer and Verona Village 2x wk.  Herb class series continues- 4th Saturday of the month- noon at Lodi library.  2/12/18 -Community Collective planned for carpet shampooing the church that host the Lodi Food pantry. |  | Marylois will conduct a lavender class 1/27-noon at the Lodi library  If interested in helping with small scale community collective contact Marylois. | For more info or questions contact: Maryloisschott@yahoo.com |
| 7:40  pm | Open forum:  Announcements | Theresa |  | Seneca County Health Dept. Hep A Mock drill - Fayette Fire Dept. 4/10 - flyer handed out. | If interested in helping contact the Health Dept. -Kerry VanAuken  kvanauken@co.seneca.ny.us | Kerry will attend 3/20 Risers meeting to talk more about opportunities to participate in the mock drill. |
| 7:42  pm | “ “ | Maggie  Harold & Deb Bush |  | Garden chat -2/3 at Ovid Library, 12:15 pm – sign up for Ovid Community Garden (OCG) bed. Shelley Pletcher, Master Gardeners will be there to answer questions.  Harold will contact Lion Dave Westervelte re building a raised and handicapped accessible bed for the OCG | Save the date 5/12 for Ovid Library plant sale and fund raiser for OCG  Theresa to contact Conifer Village to request template for building the garden bed. | Theresa to get info to Deb before Lions meeting tomorrow evening. |
| 7:46  pm | Chronic Disease Self-Management | Marylois  Caroline |  | 2 sessions were held at Interlaken Reformed Church, Living Healthy is an evidence based peer led program for adults with chronic illness and their caregivers- 18 residents from STEPS neighborhood participated in the classes. | Stay tuned for more class offerings |  |
| 7:50  pm | Wrap up- next meeting | Maggie |  | Next meeting 3/20 at 6:30 pm location TBD. |  | Attend and bring your friends and neighbors,  Thanks! |