Health in South Seneca County

Ovid, Lodi, Covert, Romulus

Methodology

In 2015, 2020, and 2025, the Greater Rochester Health Foundation and the Seneca County Health Department sponsored an Adult Health Survey. The survey was sent to randomly selected households located in the towns of Ovid, Lodi, Covert, and Romulus. The survey asked residents residing in those households about their health status and health conditions. Changes in data are measured over time.

Key Findings

- The prevalence of many health conditions have remained consistent over the past 10 years in South Seneca County, even as the population taking the survey has gotten older
- There are a few measures of health that have gotten worse over the past 10 years

Who took the survey in 2025?

258 respondents residing in **158 households** responded to the survey in 2025.

Respondents were:

- 55% female | 45% male
- 56% retired | 31% employed full-time
- 93% had at least a high-school education
- Older population | 76% over the age of 54

Demographic shifts since 2015

- The population is older
- The population is more educated
- A greater proportion of respondents are retired; smaller proportion of respondents are employed full- or part-time

Health Status Measures in South Seneca County

2025		Change since 2015
18%	Percent of respondents that describe their overall health as "fair" or "poor"	↑ *Increased by 6 percentage-points since 2015*
31%	Percent of respondents that are obese (BMI of 30 or more)	--- *No change*
3.7	Average number of mentally unhealthy days reported in the past 30 days	↑ *Increased by 1 day since 2015*
9%	Respondents that currently smoke or use smokeless tobacco products	↓ *Decreased by 7 percentage-points since 2015*

How does Seneca County Compare?

as of 2022*

16%	Percent of respondents that describe their overall health as "fair" or "poor"
37%	Percent of respondents that are obese (BMI of 30 or more)
5.7	Average number of mentally unhealthy days reported in the past 30 days
16%	Respondents that currently smoke or use smokeless tobacco products

Health Conditions in South Seneca County

2025

- **45%** | *consistent since 2015* — Respondents with **high blood pressure**
- **17%** | *consistent since 2015* — Respondents with **asthma**
- **11%** | *consistent since 2015* — Respondents with **angina or coronary heart disease**
- **41%** | *increased since 2015* — Respondents with **high cholesterol**
- **16%** | *increased since 2015* — Respondents with **diabetes**
- **6%** | *consistent since 2015* — Respondents that have **had a heart attack**
- **27%** | *consistent since 2015* — Respondents with **depression or anxiety**
- **11%** | *increased since 2015* — Respondents with **chronic bronchitis, emphysema, or cardio-pulmonary disease (COPD)**
- **5%** | *consistent since 2015* — Respondents that have **had a stroke**

Seneca Towns Engaging People for Solutions

For more information contact STEPS at: StepsCommunity@pivitalphp.org

***Data for Seneca County comes from countyhealthrankings.org**

Changes are reported when they are statistically significant at p<=0.1