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Seneca Towns Engaging People for Solutions

4 Towns Covert Lodi Ovid Romulus

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Personal Health & Wellness Working Group Meeting Notes

Monday, August 3rd, 2026
10:30am-11:30am
Ovid Library and by Zoom

In Attendance: Deb Bush, Linda Pacelli Dixon, Donna Anderson, Tom Bouchard, Sarah Strichartz, Theresa Lahr, Karen Burcroff, AJ Van Curren

Project: Programming for Senior Citizens

- Suggested Bingo be held at Verona Village – Sept. 10th 4pm-6pm (setup at 3pm)
  - Contact: Donna Sherwood at Verona Village, awaiitng callback

Project: Grandparent Core Classes

- Sewing Class: Deb - looking up a chair pouch pattern and locating materials, TBD

Project: Mental Health Classes

- Apple Pie Class: Deb – October 3rd or October 17th 10am-12pm (setup at 9am)
  - Ovid Fire House?
- Paint Event: suggested theme – Fall, November 14th 1pm-3pm (setup at 2pm)
  - Federated Church?

- Holiday Organizing Workshop: Linda – December 8th, 7pm-9pm
  - Ovid Fire House?

Project: Self-Defense Class: TBD

Guest Speaker for Community Event: Dr. Karen Wilson with URMC re: Pediatric Cancer

- Working on a date and time for September, TBD

Next Meeting: 09/09/26 (due to Labour Day Holiday)