STEPS
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Seneca Towns Engaging People for Solutions

Personal Health & Wellness Working

Group Monday, March 2nd, 2026

10:30am-11:30am

Ovid Library and by Zoom

Attendees: Phyllis Motill, Linda Dixon, A.J. VanCurren, Collen Kelly, Mickie Sanders-Jacquet, Deb Bush, Isabelle Ceddia, Tom Bouchard, Doris Depew, Theresa Lahr, Elizabeth Shoots, Sarah Strichartz

Project: Programming for Senior Citizens

- Bingo Event: Set for 3/5 (Thursday), 4pm to 6pm at the Ovid Fire House Community Room

- **Project: Grandparent Core Classes**
  - Deb: working on making a bag pattern Saarah will followup with Peg Vogel once ready for a class
  - Deb: following up on canning class event w/ Karen Burcoff, have at OFD

Open Forum

Andi Pisacani (unable to attend): Vision Board Workshop Proposal: Sarah follow up with Andi

Deb: proposed a bean or Curry class in future

Mickie: proposed a self-defense class, she will contact a Karate Instructor she knows

Upcoming Events: 03/05: Community Bingo at Ovid Fire House 4pm – 6pm

03/23: Riser's meeting 6pm at Romulus Church

Next Meeting: 04/06/2026