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Seneca Towns Engaging People for Solutions

4 Towns Covert Lodi Ovid Romulus

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Personal Health & Wellness Working Group Meeting Notes

Monday, April 4th, 2026
10:30am-11:30am
Ovid Library and by Zoom

In Attendance: Phyllis Motill, Deb Bush, Linda Pacelli Dixon, Tom Bouchard, Doris Depew, Tracy Brown-Simmons, Theresa Lahr, Sarah Strichartz, AJ VanCurren

Project: Programming for Senior Citizens

- Bingo event set for 05/07/26 at the Ovid Fire House
- Set up will begin at 3pm

Project: Grandparent Core Classes

- Sewing Class: bag – on hold for now, will re-visit
- Canning Class – working with CCE, will follow-up with Chris Ehlers

Mental Health Class Update:

- Linda has scheduled a new date for the Organizing Workshop: June 10th at 7pm at the STEPS Office

Update from Mickey:

- Strawberry Festival 5K – mickey not in attendance

Open Forum:

- Discussed placing an ad in the Shopper for the next Bingo Date
- AJ reported he will be at Strawberry festival for bike helmets and have a prize wheel

Upcoming Events: 05/07/26 - Community Bingo: Ovid Fire House 4pm-6pm
05/30/2026 - Salsa Cooking Class: Ovid Federated Church 10am-12pm

05/31/2026 - Three Bears Historical Marker Dedication: 1pm-4pm

Next Meeting: 06/08/2026