Seneca Towns Engaging People for Solutions

STEPS

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4 Towns Covert Lodi Ovid Romulus

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Personal Health & Wellness Working Group

Monday November 3, 10:30 am-11:30 am

Ovid Library and by Zoom

- **Welcome & Introductions**
  - Deb Bush, Phyllis Motill, Donna Anderson, Linda Pacelli-Dixon, Doris Depew, Isabelle Ceddia, Tom Bouchard, Karen Burcroff, Colleen Kenney, Elizabeth Short, Theresa Lahr, Sarah Strichartz
- **Project: Grandparent Core Classes**
  - Deb working on sewing class ideas: bag
  - Sarah gave an update on progress with doing classes at school, awaiting further information
    - Idea: Tabling at lunchtime at MS/>S
- **Project: Programming for Senior Citizens**
  - Phyllis is going to get in touch with Holy Cross Catholic Church re: Bingo for Seniors event, will figure out small prize for winners
  - Lions help with food and beverage
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