Seneca Towns Engaging People for Solutions

STEPS

7150 Main St.
P.O. Box 621
Ovid, NY 14521
stepscommmunity@pivitalphp.org

4 Towns
Covert
Lodi
Ovid
Romulus

Seneca Towns Engaging People for Solutions

Personal Health & Wellness Working Group

Monday October 6, 10:30 am-11:30 am

Ovid Library and by Zoom

- **Welcome & Introductions**
  - Deb Bush, Phyllis Motill, Donna Anderson, Linda Pacelli-Dixon, Doris Depew, Isabelle Ceddia, Tom Bouchard, Karen Burcroff, Colleen Kenney, Theresa Lahr, , Megan O'Keefe, Sarah Strichartz
  - Deb Bush handed out flyers for Mental Health and Well-being to the group, as October is Mental Health month.

- **Project: Grandparent Core Classes**
  - Deb is working on getting in touch with the owner of Fabulous but frugal for a possible Dress for Less class for teens
  - Sarah gave an update on progress with doing classes at school, awaiting further information
  - Phyllis invited UW staff to discuss Mental health ideas for teens

- **Project: Programming for Senior Citizens**
  - Phyllis is going to get in touch with Holy Cross Catholic Church re: Bingo for Seniors event, will figure out small prize for winners

- **Open Forum**

Next Meeting: November 3rd, 2025